SOROPTIMIST INTL. OF FLAT ROCK AREA

Present

Beat

Beat To Battle Abuse

CARDIO DRUMMING CLASS

PKSA KARATE OF FLAT ROCK

OFFERING

30 MINUTE SELF-DEFENSE INFORMATION & TIPS \$10.00 CLASS

\$5.00 FOR USE OF FITNESS BALL, BUCKET AND DRUMSTICKS.

T-SHIRTS FOR SALE

\$10.00 S-XL

\$12.00 2X

\$14.00 3X

Saturday, September 19 10:00 am - 12:00 pm Gibraltar Pavilion 29340 Gibraltar Road Gibraltar, MI





https://bit.ly/2Q2pnBK

